



#### Education

Queen's University (2024) JD  
McGill University (2020) BA  
(Honours - Political Science, Minor in Philosophy)

#### Bar Admissions

Ontario (2025)

#### Practice Areas

Commercial Litigation  
Professional Liability and Regulation  
Public Law

#### Contact

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# Rachel Rowlands

#### RACHEL ROWLANDS

is an associate at Lenczner Slaght.

Rachel is developing a broad litigation practice in commercial and civil matters, professional liability, and public law. She summered with the firm before completing her articles as a Judicial Law Clerk at the Ontario Superior Court of Justice and Divisional Court.

She graduated from Queen's University Faculty of Law, where she was active in multiple extracurricular groups. This included volunteering with Pro Bono Students Canada, serving as a peer tutor, and working as a student caseworker for Queen's Legal Aid, through which she appeared before the Social Benefits Tribunal, the City of Kingston, and the Ontario Court of Justice. In her final year, Rachel participated in the national Laskin Moot competition focusing on constitutional and administrative law.

Prior to law school, Rachel worked as a registrar at the Ontario Court of Justice helping oversee their youth criminal and family court programs. Rachel holds a Bachelor of Arts from McGill University.

## RECOGNITION

- C. Thomas Asplund Memorial Award in Legal Ethics (2024)  
Queen's University, Faculty of Law
- Course Prize in Mental Health Law (2024)  
Queen's University, Faculty of Law
- Dean's Honour List (2024)  
Queen's University, Faculty of Law

## SELECT NEWS ARTICLES

- **Lenczner Slaght Welcomes Seven New Associates** – Canada's leading litigation firm welcomes seven talented new associates, further strengthening its expertise.
- **Lenczner Slaght Welcomes Summer Student Class of 2023** – Canada's leading litigation firm continues to attract top talent with the addition of nine exceptional summer students.

## PROFESSIONAL ACTIVITIES

- The Advocates' Society

- Canadian Bar Association
- Ontario Bar Association